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**Medical History Form**

**Name:** \_\_\_\_\_ **Program:** \_\_\_\_\_  
(Please print)

1. Blood type (if known) \_\_\_\_\_
  
2. What illnesses, conditions or injuries have you received medical treatment for in the past five years?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
3. Are you currently under treatment for any physical or emotional condition? Please explain.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
4. List any ongoing physical or emotional conditions which might require immediate treatment abroad due to changes in climate, diet, exercise, etc. What treatment is recommended?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
5. Are you currently taking any medication(s) on a regular basis? If so, please name and describe the purpose of the medications prescribed.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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6. List any medications to which you are allergic.

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7. Do you have any other allergies (foods, plants, animals, bee stings...)?

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8. Do you wear contact lenses? \_\_\_\_\_

9. Do you have any condition which might prevent you from climbing steps or participating in excursions? If so, please describe.

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10. Do you have dietary restrictions? If so, list those restrictions.

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11. Provide contact information for your primary physician.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Failure to disclose any medical condition may result in removal from the program. A doctor's letter releasing you to participate may be required.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_