



NOTABLE MINORITIES WHO CHANGED HISTORY

November 21, 2008

"There can be no deep disappointment where there is no deep love."

- Dr. Martin Luther King, Jr.

DID YOU KNOW?

- During the month of December, 2008, "Veterans of the Freedom Movement" series is on display at the Clifton Site.
- It's time to register! All first time students for the Fall 2008 semester must meet with their advisors before they will be able to register. Meeting with your advisor and registering early will allow you to get the schedule and classes you desire. So act now!

Dates to Remember:

November

10 - Spring Registration for Current students begins
17 - Open registration
27-28- Thanksgiving Break

December

8-12 Final Exam Week
24- Christmas Eve
25- Christmas Day

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(for the hearing impaired): 1-800-848-0298
Columbia State is an AA/EOE Educational Institution.



SHAWNA KING, Centerstone

Columbia State hosted its annual Student Leadership Institute on Wednesday, November 5 from 9:00 am - 1:30 pm in the Cherry Theater in the Waymon L. Hickman Building on the Columbia campus. The event was attended by over 130 participants which included seventy high school students (9th – 12th grade), eleven high school counselors and advisors, two Generational Mentors, CSCC students, CSCC Alumni, administrators, faculty, professional staff, support staff and ten panelist.

"**Encouraging Diversity: Challenging the Perception of Dissimilarity**" was this year's theme. This year's institute taught students about emotional disorders, such as Tourette Syndrome, OCD, bullying and bipolar disorders. Informing students about these disorders was the first step towards encouraging inclusiveness and acceptance. Other issues addressed throughout the day included myths and treatments in connection with emotional and mental disorders. Students also developed a group project to incorporate at their individual schools during mental health awareness month in May. They also received information on preparing for college (admissions, testing requirements, registration requirements).



Dan Ackroyd (1952 -) Actor

Dan Ackroyd, best known for his roles in *The Blues Brothers*, *Ghost Busters* and *Saturday Night Live*. His accomplishments are countless and it would be easy to miss the fact that he suffers from not only Tourettes but also Asperger's Syndrome.

Dan Ackroyd

What is Tourettes? This disorder is named after the French doctor Georges Gilles de la Tourette who first described the condition in 1885. It is thought to be a genetic condition that is inherited. The exact cause is unknown but some feel that it is a nervous system affliction. Symptoms usually emerge in early childhood although not considered uncommon in teenage years. The main symptoms of Tourette Syndrome are motor tics (sudden, apparently uncontrollable movements like exaggerated blinking of the eyes) or vocal tics (such as when a person repeatedly clears his or her throat). Treatment varies and there is no cure for this disorder but it can be managed.

Sources: "Tourette Syndrome." Retrieved November 18, 2008 from the World wide web at <http://kidshealth.org/parent/medical/brain/tourette.html>
Source: "Famous People With Tourette's syndrome and or Obsessive-Compulsive Disorder" Retrieved November 18, 2008 from the World wide web at <http://www.schoolbehavior.com/inspiration.htm>