



# NOTABLE MINORITIES WHO CHANGED HISTORY

April 18, 2008

Featuring  
**Cameron Russell**

“Diversity is the one true thing we all have in common. Celebrate it every day.”

- An Anonymous Quote

## Jazz History Month Jazzy Ladies



Etta James  
(1938 - )



Ella Fitzgerald  
(1917 - 1996)



Billie Holiday  
(1915 - 1959)

## April Dates to Remember:

- 1 - April Fool's Day
- 4 - Qingming Festival (China, Taiwan)
- 6 - National Tartan Day (Scottish American)
- 7 - World Health Day
- 8 - Vesak - Buddha's Birth (Buddhist)
- 14 - Sinhala and Tamil New Year (Sri Lanka)
- 19 - Passover begins at sundown
- 21 - Patriots' Day (Maine & Massachusetts)
- 22 - Earth Day
- 23 - St. George's Day
- 23 - Administrative Professionals' Day
- 24 - Daughters to Work Day
- 25 - ANZAC Day (Australia & New Zealand)
- 25 - Arbor Day

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Columbia State is an AA/EOE Educational Institution.



*Cameron Russell*

**Cameron Russell**  
**2008 Homecoming King**  
**2007 - 2008 Minority Student Advisory Team Member**  
**2007 - 2008 Student Government Association Senator**

Cameron Russell was born in Maury County on June 27, 1987 to Vicki Dawson and Dean Russell. Cameron has 3 sisters, Sabrina, Felicia, and Tamika. He also has 3 brothers, DJ, TJ, and Tyrone. Cameron is a 2005 Graduate of Columbia Central High School. While attending high school he was involved with DECA (Distributive Educational Clubs of America), FCA (Fellowship of Christian Athletes), Interact (a Columbia Noon Rotary Service Organization), Elevated Young Minds, and the Drama Club. After graduating, Cameron attended the University of North Alabama for a semester. He came home after his first semester because he didn't like being so far from home.

In the fall of 2007, Cameron enrolled here at Columbia State. Cameron is majoring in Communication Studies and his minor is in psychology. He is the 2008 Columbia State Homecoming King. He is a member of the Minority Student Advisory Team and participates by volunteering to help with events on campus. He is also an SGA (Student Government Association) Senator here at Columbia State.

He attends New Harvest Family Church in Columbia. Cameron works at the Graymere Country Club as the Pro Shop attendant. He has also been involved in various community work. He has participated in IBH Day Care Center's Christmas Program which provides gifts and dinner to the children served by the day care. He has also helped with the Pancake Breakfast through Interact. His hobbies include Tennis and Photography.

Source: Russell, C. (2008) Interview on Cameron Russell. Conducted by Woody, K. on 4/11/08 at 1 p.m.

## Did You Know?

- The Student Government Association has organized Columbia State's effort in The Great Maury County Cleanup. Volunteers will be meeting this Saturday, April 19, at 8 a.m. We will meet in the parking lot in front of the Clement Building. For more information contact Amanda Alderson at [aalderson2@columbiastate.edu](mailto:aalderson2@columbiastate.edu).

## Jazzy Recipe: Louis Armstrong's Ham Hocks and Red Beans Recipe

- 1 pound dried red beans water
- 1 pound ham hock
- 1 bay leaf
- 1 pod red pepper
- Salt and pepper to taste
- 1 onion, diced
- 1 pod garlic, minced

Wash beans and soak two to three hours or overnight if preferred.

When ready to cook, drain off water and put beans in large pot with two quarts cold water. Let water heat thoroughly, then add ham hocks, herbs, onion and garlic. Cook slowly but steadily at least two hours or until tender enough to mash easily.

When done, place in a dish and lay ham hocks on top. May be served with rice. Serves 6

Source: ([www.recipegoldmine.com](http://www.recipegoldmine.com))

