

**Columbia State Community College  
Respiratory Care Crew  
&  
Maury County Parks & Recreation**

**LUNGS OF STEEL  
5k Run/Walk**



Saturday, March 6, 2010  
Maury Co Park, Columbia, TN

**Registration Form**

- Registration: 8a – 8:45a
- Run time: 9a

Runner Name (print) \_\_\_\_\_

Activity:           5k run/walk - \_\_\_\_ \$15 pre-registration (deadline, 2-25-10); \_\_\_\_ \$20 run day registration  
                       1 mile fun run - \_\_\_\_ \$5 pre-registration (deadline, 2-25-10); \_\_\_\_ \$10 run day registration

- Make check payable to: Columbia State Community College; for Respiratory Care Club; 5k run

The undersigned does hereby agree to hold harmless and indemnify the Maury County Parks and Recreation, Maury County Tennessee, CSCC, the Respiratory Care Crew and their employees and agents from any claim arising from the conduct of this activity on or for the park. This agreement will be binding on the undersigned’s successors, assigns, or heir. The undersigned freely and voluntarily signs this agreement in consideration for being allowed to facilitate/participate in the above described activity.

This run/walk will be held rain or shine and no refunds will be given for inclement weather. Shirts will be given to participants on a first come basis. The child’s guardian must release the child by signing this form. Thank you for participating and enjoy the race.

Runner signature/guardian signature if under 18 y.o. \_\_\_\_\_

**Check your run category and if you are a CSCC student or employee:**

0-6 y.o.	20 y.o. & under	31-40 y.o.	51-60 y.o.	CSCC employee
7-11 y.o.	21-30 y.o.	41-50 y.o.	61+ y.o.	CSCC student

**Check your shirt size:**

Youth	Small	Medium	Large	X-Large
Adult	Small	Medium	Large	X-Large

For more information contact:  
 John Fischer, 931-215-6927  
 John-Michael Adgent, 931-637-4920  
 Erik Tidwell, 615-708-3720

Mail this form to:   R. David Johnson  
                               Columbia State Community College  
                               1665 Hampshire Pike  
                               Columbia, TN 38401