

Course Competencies for PSY 206 – Developmental Psychology: Lifespan

Upon successful completion on PSY 206, Learners should be able to:

- discuss the major theories of human development.
- summarize the normal patterns of physical development during infancy, the preschool years, and the school years.
- summarize theories of psychosocial development of children.
- summarize biological changes of puberty and discuss identity statuses of adolescence and the role of peer groups and parenting styles on identity formation.
- explain the normal changes in physical development during early, middle, and late adulthood, and summarize factors involved in life expectancy.
- discuss changes in typical American family structure and causes of these changes.
- discuss issues facing adults in choosing a life partner, a career, and in parenting.
- discuss psychosocial development during middle age, including changes in family dynamics and career development.
- compare physical changes due to aging and those due to other factors.

Required Textbook:

Belsky, J. (2010). *Experiencing the lifespan* (2nd ed.). New York: Worth Publishers. ISBN: 1429219505

