

Course Competencies for PSY 203 – Introduction to Psychology

Upon successful completion of PSY 203, Learners should be able to:

- describe the history of psychology, compare the various psychological perspectives, and explain the research methods used by psychologists.
- classify the parts of the nervous system and explain the structures and functions of the brain.
- explain, compare, and contrast sensation and perception.
- explain consciousness and its variations.
- compare and contrast the various aspects of classical conditioning, operant conditioning, and observational learning.
- identify theories of memory and explain the functions and processes of memory.
- identify cognitive processes and explain intelligence testing.
- describe various human motivations and explain the nature of emotion.
- describe the major theories and aspects of human development and personality.
- explain the major theories and concepts of social psychology.
- discuss sources and effects of stress, and identify coping strategies.
- classify and summarize the diagnostic criteria of psychological disorders, and be able to compare and discuss the different types of psychotherapy and biomedical therapies.

Required Textbook:

Hockenbury, D.H. & Hockenbury, S.E. (2007). *Discovering psychology*. (4th ed.). New York: Worth Publishers. ISBN: 0716776545.

